



DIRECTIONS to CAPITAL AIKIKAI

*from our area's major roads connecting
Glen Burnie, Millersville, Crofton, & Annapolis*

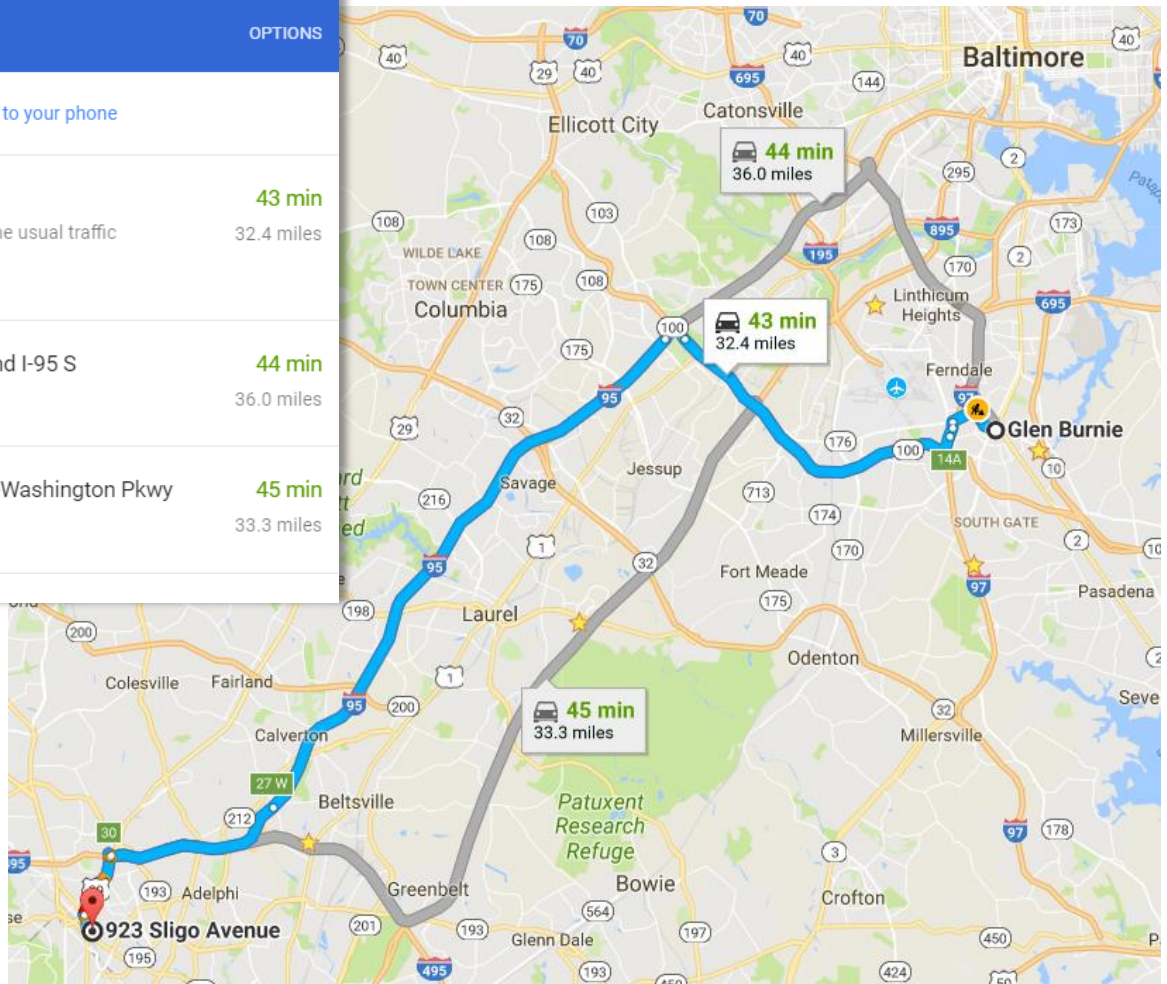


From the Glen Burnie Area:

Depending on traffic, routes 100 or route 32 may be the quickest way to the highways south (I-95 or route 295)

Navigation app interface showing route options from Glen Burnie, Maryland to 923 Sligo Ave, Silver Spring, MD 20910.

- Send directions to your phone
- via I-95 S **43 min**
Fastest route, the usual traffic
32.4 miles
[DETAILS](#)
- via I-695 W and I-95 S **44 min**
36.0 miles
- via Baltimore-Washington Pkwy **45 min**
33.3 miles





DIRECTIONS to CAPITAL AIKIKAI

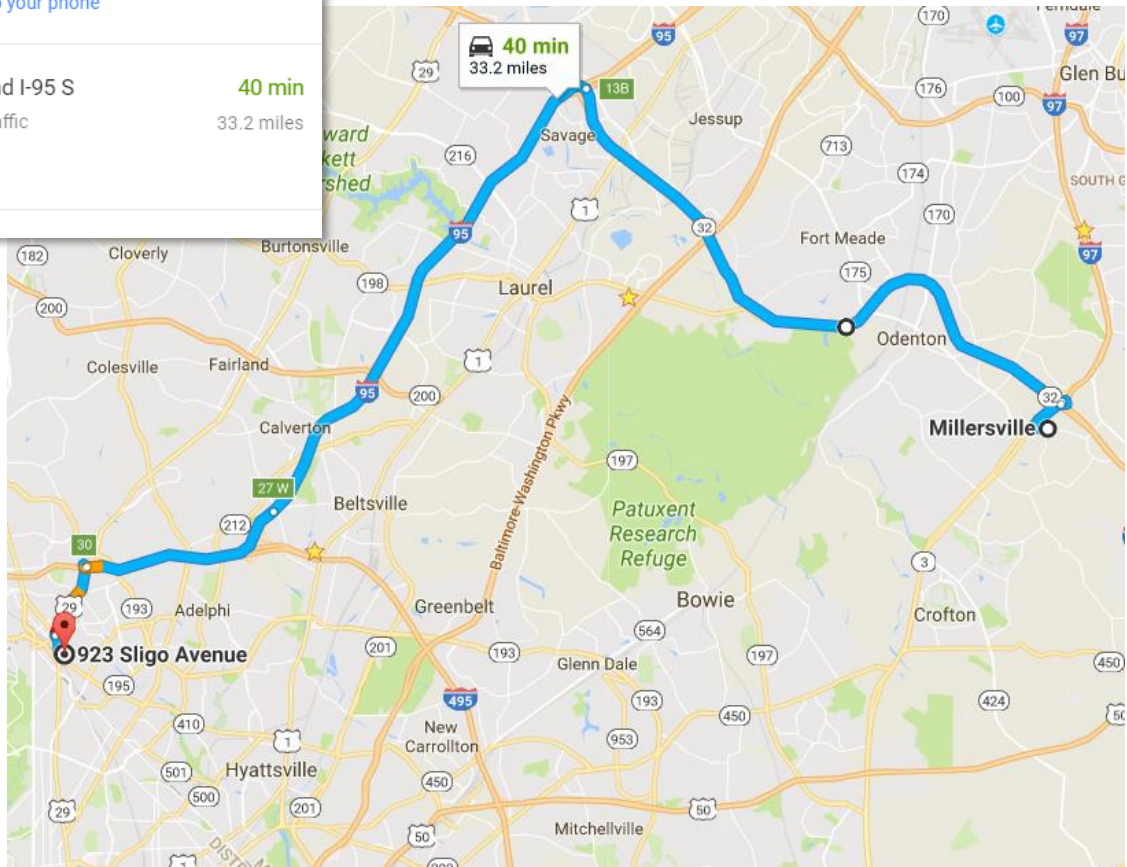
*from our area's major roads connecting
Glen Burnie, Millersville, Crofton, & Annapolis*



From the Millersville Area:

Route 32 is normally the quickly way to the highways south (I-95 or route 295)

A screenshot of the Google Maps interface. The starting point is "Millersville, Maryland" and the destination is "923 Sligo Ave, Silver Spring, MD 20910". The selected route is "via MD-32 W and I-95 S", with a travel time of 40 minutes and a distance of 33.2 miles. A secondary option shows "36 min without traffic" for the same route. The interface includes a search bar, a list of route options, and a "Send directions to your phone" button.





DIRECTIONS to CAPITAL AIKIKAI

from our area's major roads connecting
Glen Burnie, Millersville, Crofton, & Annapolis

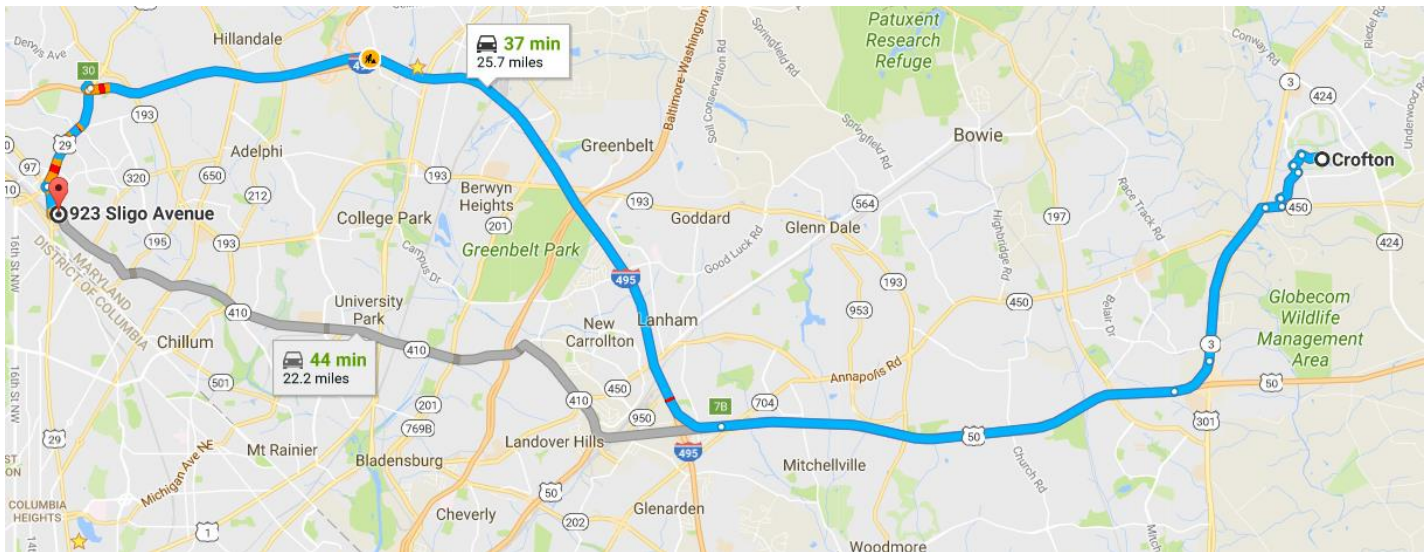


From the Crofton and Annapolis Area:

Route 50 is normally the quickest way to the Capitol Beltway / I-495

Navigation interface showing route options from Crofton, Maryland to 923 Sligo Ave, Silver Spring, MD 20910.

- via US-50 W and I-495 N: 37 min, 25.7 miles (Fastest route, the usual traffic)
- via US-50 W and MD-410 W: 44 min, 22.2 miles



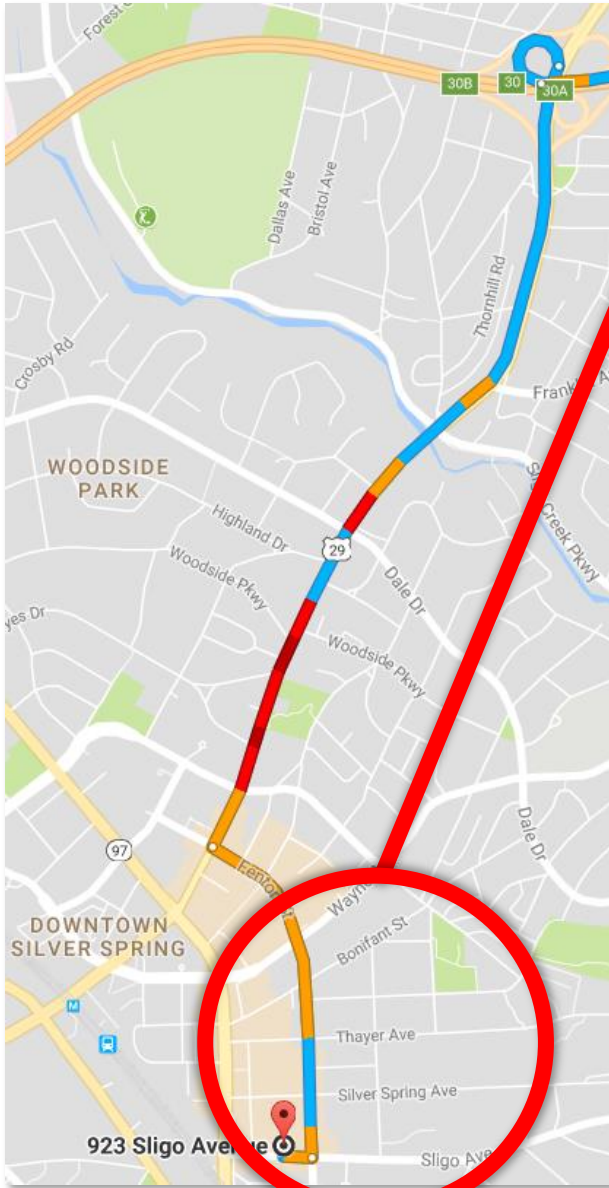


DIRECTIONS to CAPITAL AIKIKAI

*from our area's major roads connecting
Glen Burnie, Millersville, Crofton, & Annapolis*



Once in Silver Spring, the easiest approach for traveling to & parking next to the dojo is via 29 south to Fenton Street. This will take you to a garage which is immediately behind the Capital Aikikai dojo. As an added bonus, this garage is normally free on evening and weekends!





DIRECTIONS to CAPITAL AIKIKAI

*from our area's major roads connecting
Glen Burnie, Millersville, Crofton, & Annapolis*



Directions from the Capital Aikikai website

Getting to Capital Aikikai • 923 Sligo Ave., Silver Spring, MD 20910 • 240-242-5179

Georgia Ave. heading South

- South on MD97/Georgia Ave. to Silver Spring
- L on Sligo Ave.
- L into the dojo parking lot (after The Nora School).
- If the lot is full, continue through then L or R to the Mayor Ln. parking garage.

Georgia Ave. heading North

- North on MD97/Georgia Ave. to Silver Spring
- R on Sligo Ave.
- L into the dojo parking lot (after The Nora School).
- If the lot is full, continue through then L or R to the Mayor Ln. parking garage.

