



Release And Discharge Waiver And Acknowledgment Of Risk

Participation in Severna Park Community Center, (SPCC) activities, including the use of facilities and equipment, is completely voluntary. There are risks and hazards, minor and serious, associated with participation in any activity, especially including aquatic and fitness related activities.

COVID-19 has been declared a worldwide pandemic by the World Health Association. SPCC has put in place preventative measures to reduce the spread of COVID-19; however, SPCC cannot guarantee that you or your children will not become infected with COVID-19. Participating in SPCC activities could increase you or your children's risk of contracting COVID-19.

In signing this document, I agree that for myself and my children, we will not enter SPCC if experiencing any of the following symptoms:

- Temperature at or above 100.4 degrees Fahrenheit
- Cough
- Shortness of breath or difficulty breathing
- Or at least two of these symptoms:
 - Chills
 - Repeated shaking with chills
 - Muscle pain
 - Headache
 - Sore Throat
 - New loss of taste or smell

I agree to follow all posted guidelines regarding social distancing and preventative measures.

In consideration of SPCC accepting me and/or my children in any SPCC programs or activities, I hereby voluntarily release and further discharge SPCC, its officers, directors, agents, and employees from any and all liability or claims for any injury, illness, death or damage to myself and/or my children or my property arising out of or in any way connected with my and/or my children's participation in any SPCC program or activity.

This Release and Discharge specifically includes, but is certainly not limited to, liability or claims based upon the ordinary (not gross or willful) negligence, acts, or omissions of SPCC, and its officers, directors, agents, or employees.

I further agree, promise and covenant not to sue, serve or otherwise maintain any claim against SPCC or its officers, directors, agents, or employees for any injury, illness, death, or damage to myself, my children, or my property, including but certainly not limited to, the aggravation of any

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pre-existing injuries or physical conditions and/or allergies arising from or in any way connected with my participation in any activities or programs.

I further agree that I will make known to SPCC, its officers, directors, agents or employees any known pre-existing injuries or physical conditions, including but not limited to allergies, prior to my acceptance in any program or activity.

I further agree to indemnify and hold harmless SPCC, its officer, directors, agents, servants and employees from any and all claims, demands, actions and judgments arising at any time out of or in any way connected with my and/or my children's use of the SPCC facilities at the Severna Park Community Center.

I agree to accept and assume all responsibility for and risk of personal injury, illness, death or damage to myself, my children and our property arising from participation in any activity or program. My, and my children's, participation is voluntary.

I choose to participate in these activities or programs in spite of any named or other unnamed risk. I am solely responsible for deciding to participate in any activities or programs and am solely responsible for deciding whether my children will participate in any activities or programs.

I HAVE CAREFULLY READ THIS AGREEMENT AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND AN ACKNOWLEDGEMENT OF RISK AND I SIGN IT OF MY OWN FREE WILL FOR MYSELF AND FOR MY CHILDREN, AS THEIR LEGAL GUARDIAN.

Parent/Guardian/Adult Participant Signature:

Printed Name: _____ Date: _____

Printed Names of Children:

_____	_____
_____	_____
_____	_____